

# ASBHM 2023 CONFERENCE



# INNOVATIVE AND TRANSLATIONAL RESEARCH AT ASBHM 2023

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**ASBHM2023** brings together leading researchers across Australia and internationally to expand our understanding of health psychology and behavioural medicine through innovative and translational research. The ASBHM 2023 conference will host two internationally renowned keynote speakers who will deliver presentations on vital matters in behavioural health and medicine. The conference also has a number of master speakers and invited symposia.

This year, our conference covers a range of topics that span both priority areas for research at national and international levels, as well as novel and innovative research areas representing the up-and-coming domains of research in health psychology and behavioural medicine. Topics span nutrition, exercise, physical illness, paediatrics, stress and trauma, women's health, a broad range of protective and lifestyle factors underpinning health and wellbeing, and more.

ASBHM conferences have explored innovative practices in conference delivery throughout COVID-19. Now, in the wake of COVID-19, we intend to continue building on our innovations. For the first time, ASBHM2023 will be offering a hybrid delivery method, allowing attendees to view and presenters to deliver their content in-person at the scenic Deakin Campus in Waurin Ponds (Geelong) on Wadwurrung Country or online via Zoom. The hybrid delivery option will allow us to blend in-person and online presentations in any of our sessions.

# ABOUT THE AUSTRALASIAN SOCIETY OF BEHAVIOURAL MEDICINE

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ASBHM functions as a national society, as well as the society that represents the International Society of Behavioural Medicine (ISBM) in Australasia. ASBHM's membership includes individuals specialising in any field of health psychology and behavioural health and medicine, broadly defined. ASBHM has a large student and Early Career Researcher membership that are supported by our more senior members and through our Peers Connect group.

As a daughter society of ISBM, ASBHM contributes to global initiatives related to health psychology and behavioural health. Many of our executive members have also served in some capacity for ISBM, including presidency, treasurer, chair of education and training, chair of communications, awards panels, and more. Moreover, ASBHM has afforded our members the opportunity to contribute to global discussions facilitated by ISBM in both written and oral communication.

ASBHM aims to encourage and co-ordinate communication among professionals and academics in health-related disciplines, to stimulate research in health psychology and behavioural medicine in the broadest sense, to assist in the development and communication of guidelines for the implementation of behavioural medicine training and research activities, to serve as a pool of experts who can provide expert knowledge and consultation where required, and to provide opportunities for our members to showcase their research, network, discuss professional views, and contribute to meaningful and constructive debates and discussions.



# PARTICIPATING IN ASBHM2023 VIRTUALLY



## ASBHM2023 IS GOING HYBRID

Attendees can choose to participate in ASBHM2023 either in person or online. Anyone with in-person registration can attend online, however online attendance only allows you to access the conference virtually.

If you are attending a session virtually, this will be done through Zoom. Each day, there are two links, one for each room, that you can access at <https://www.asbhm.com/zoom-links/>. Please note, you must be logged into your ASBHM account and be registered to attend the conference to access these links.

If you are presenting, you will use the same zoom links to access the zoom space. Please announce yourself to the chair when you join your session. You will be asked to share your screen when it is your turn to present. We recommend practicing using Zoom to share your screen and run your presentation. You can find information for this on [the zoom links page](#).



# PEERS CONNECT

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ASBHM  
Peers Connect

ASBHM Peers Connect is a group formed to support student and early career members of ASBHM. ASBHM Peers Connect is led by student and early career researcher members of ASBHM, including Jessica Charlesworth (Curtin University) and Caitlin Fehily (University of Newcastle) who are the ASBHM Peers Connect Committee Representatives, and Giselle Chang (Cairnmillar Institute), Seonad Madden (University of Tasmania), Sabryna Sas (Griffith University), and Prince Atorkey (Australian College of Applied Professions) are the ASBHM Peers Connect Subcommittee members. Together, we work to engage and connect student and early career members of ASBHM, who have an interest in behavioural health and medicine, through promoting research opportunities, mentoring, and education.

Each year, for the ASBHM annual scientific conference, we organise a number of opportunities for ASBHM Peers Connect members. These include a subsidised workshop on a topic of interest for student and early career researchers, a free mentoring session with experienced researchers, and a fun social activity to give ASBHM Peers Connect members an opportunity to meet others and identify common research interests. Throughout the year, we also make contact with ASBHM Peers Connect members to notify them of other workshops and events (outside of the ASBHM conference) that could be of value for their career development, and share job opportunities for early career researchers.

Student and early career members of ASBHM are invited to join ASBHM Peers Connect. The option to join ASBHM Peers Connect is provided upon joining ASBHM. If you are already a current ASBHM member, you can still opt-in to join ASBHM Peers Connect by emailing Jessica via [admin@asbhm.com](mailto:admin@asbhm.com). ASBHM Peers Connect members are also invited to join our Facebook page 'ASBHM Peers Connect' to connect with other members, and keep up to date on exciting news and opportunities.

# KEYNOTES AND MASTER LECTURERS

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## KEYNOTE PRESENTERS

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### Professor Urs Nater

Urs Nater is a Full Professor of Clinical Psychology at the University of Vienna. His research focuses on identifying the underlying mechanisms that translate stress into illness (<https://klinische-gesundheit-psy.univie.ac.at/>). He is the Director of the Biochemical Lab and of the Music & Health Lab at the Faculty of Psychology and currently serves as Head of the Institute of Clinical and Health Psychology, as well as Speaker of University Research Platform "The Stress of Life". He is Past-President of the International Society of Behavioral Medicine (2021-2023), Vice-President of the World Association for Stress and Anxiety-related Disorders, and serves as Associate Editor-in-Chief of Stress – the International Journal on the Biology of Stress. His work has received numerous distinctions as well as funding from national and international agencies.

**Keynote Title:** The healing power of music - Is music beneficial for our health?



### Professor Jane Speight

Jane is the Foundation Director of the Australian Centre for Behavioural Research in Diabetes (ACBRD), established in 2010 as a partnership for better health between Diabetes Victoria and Deakin University. She has a PhD in health psychology from Royal Holloway, University of London, is a chartered psychologist, a Fellow of the British Psychological Society and a Fellow of the Royal Society of Medicine. Jane has published 200+ articles in peer-reviewed journals. Jane leads a large and varied program of research in Australia, and has established international collaborations, through which she aims to improve the quality of life and self-care of people with diabetes, and encourage healthcare professionals to better understand the impact of diabetes and its management from the individual's perspective. She has a particular interest in understanding and reducing diabetes stigma and improving communications with and about people with diabetes.

**Keynote Title:** Improving the health and well-being of people with diabetes: Walking the walk or talking the talk?

# KEYNOTES AND MASTER LECTURERS

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## MASTER LECTURERS

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### A/Prof Tegan Cruwys

Tegan Cruwys is an Associate Professor and Clinical Psychologist at the Australian National University. She is currently a National Health and Medical Research Council (NHMRC) Emerging Leadership Fellow. Her research focuses on how social relationships shape mental and physical health. In particular, Cruwys is concerned both with advancing theoretical understanding of the social determinants of health, and with translational impact that improves outcomes for marginalised communities. With over 120 academic publications, Cruwys has made internationally recognised research contributions to the study of social identity, group psychotherapy, depression, loneliness, substance use, and eating behaviour.



**Master Lecture Title:** Putting the “social” back in biopsychosocial: Evidence, mechanisms, and interventions to tackle the social determinants of health

### A/Prof Konstadina Griva

Konstadina Griva is an Associate Professor and chartered Health Psychologist at Nanyang Technological University, Singapore. Nadia's internationally acknowledged work in psychonephrology focuses on developing programs to help patients with long-term conditions to get the best from treatment by supporting optimal adherence or better aligning existing health services to patient needs. Nadia is the recipient of the FASS Excellent Researcher Award (2016), the European Renal Association and European Renal and Dialysis Transplantation Research Award (2013), an honorary fellowship of the European Health Psychology Society, and numerous competitive grants.



**Master Lecture Title:** Self-management, Empowerment, and Education - Where is the Fine Line and Sweet Spot for Better Outcomes

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# WORKSHOPS



ASBHM2023 features two workshops; one targeted to our Peers Connect Members and one targeted to our broader membership. Workshops are more hands-on experiences that provide practical information and training.

This year our workshops target both innovative practices in research transparency, as well as the use of communication, consultation, and campaigns to improve health.

## Purpose, Principles, and Practicalities of Open Research Practice

Workshop Facilitator: Dr Mathew Ling

In this workshop, participants will be introduced to the motivations for, and guiding conventions of open, transparent, and reproducible research practices, before familiarising themselves with some tools for making their work accessible, reusable and impactful. This will include: Preregistration, Open Materials and Data, Computational reproducibility, and Open Access Publication

Participants are encouraged to bring a laptop, and will have opportunities to set-up accounts and put some learnings into practice immediately.

## The 3 Cs of Better Health: Communication, Consultation, Campaign


Workshop Facilitator: Professor Jane Speight

This workshop considers three strategic areas in which we can all influence healthcare and health outcomes. It focuses on the power of language and imagery to not only reflect reality but to create reality. How health professionals and health organisations communicate with and about people with health conditions – in conversations, in clinical consultations, in mass media campaigns – can make or break the person's capability, opportunity and motivation for optimal self-care and optimal access to healthcare. It can also discredit and alienate health professionals and health organisations, impeding their effectiveness. Throughout this workshop, we will draw on real-world examples and consider best practice in each area. Participants will explore, discuss and reflect on communications, consultations, and campaigns in their own area of health / practice, and leave with plans to enact real-world change in at least one of these areas.

[Click here for a brief pre-reading for this workshop \(desirable but not essential\)](#)

# DISCUSSION PANEL

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**ASBHM2023** will see the return of discussion panels to our conference. These are opportunities to hear from discussants on a current issue before the audience are invited to participate in the discussion. Bring your questions, your expertise, your experience, and most of all, your curiosity.

## IMPROVING NATURAL DISASTER RESPONSES

The incidence of natural disasters - flooding, fire, hurricanes, earthquakes, and pandemics - is increasing globally. Those in impacted communities and professionals who are involved in disaster relief efforts often report negative effects on both physical and mental health. As such, one must wonder how we as experts in health psychology and behavioural medicine may play a meaningful role in improving natural disaster response and supporting individuals from a physical and mental health perspective.

This discussion panel will bring together experts in both the research and practice of natural disaster responses to discuss the following question:

"Whether and how health psychology and behavioural medicine can contribute to our understanding and improvement of natural disaster responses?"

Each panellist will have an opportunity to share their knowledge and experience related to the discussion question before we open the discussion to the whole room, allowing all attending members to contribute to this important topic.

### **Panellists**

Mr Luke Lindsay - Lifeline Queensland Community Recovery Program

The Community Recovery Program focuses on providing counselling and psychological first-aid to communities in the weeks and months following natural disaster.

Prof. Kyra Hamilton - Griffith University

Prof. Hamilton's research area has focused on behaviours during flooding, with a particular emphasis on driving behaviours.

A/Prof. Roeline Kuijer - University of Canterbury

A/Prof. Kuijer explores stress, coping, and trauma following the 2007 Christchurch earthquakes, a key focus on identifying correlates of post-traumatic growth.

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# PROGRAM OVERVIEW

(click on any session title for information on that session, including presenters)

## DAY 1 - WEDNESDAY 8th FEBRUARY

	KA3.406	KA3.411
9:00 - 10:30	REGISTRATION (ROOM KA3.410)	
10:30 - 1:00	Peers Connect Workshop The Why, What, and How of Open Science Dr Mathew Ling	Workshop The 3 Cs of Better Health: Communication, Consultation, Campaigns Professor Jane Speight
1:00 - 2:00	LUNCH	
2:00 - 2:30	WELCOME ADDRESS	
2:30 - 4:30	RAPID PRESENTATIONS	
4:30 - 5:00	AFTERNOON TEA	
5:00 - 6:00	Keynote Address The Healing Power of Music - Is Music Beneficial for our Health? Professor Urs Nater	
6:00 - 7:00	WELCOME EVENT (CANAPES)	
7:30 til late	PEERS CONNECT SOCIAL EVENT	



# PROGRAM OVERVIEW

(click on any session title for information on that session, including presenters)

## DAY 2 - THURSDAY 9th FEBRUARY

	KA3.406	KA3.411
8:00 - 9:00	REGISTRATION (KA3.410)	
9:00 - 10:15	Oral Session The role of community in health	Oral Session Improving nutrition and physical exercise in youth
10:15 - 10:45	MORNING TEA	
10:45 - 12:00	Oral Session Stress and Trauma	Oral Session Women's Health and Wellbeing
12:00 - 1:00	LUNCH	
1:00 - 2:00	Master Lecture Self-management, Empowerment, and Education - Where is the Fine Line and Sweet Spot for Better Outcomes Associate Professor Konstadina Griva	
2:00 - 3:15	Oral Session Addressing mental and physical illness in youth	Symposium Applications of Experimental Cognitive Psychology to Food and Eating Prof. Eva Kemps, Dr. Laura Dondzilo, Dr. Poppy Watson, Dr. Melanie White, and Prof. Barbara Mullan
3:15 - 3:45	AFTERNOON TEA	
3:45 - 4:45	Discussion Panel Whether/How Health Psychology and Behavioural Medicine can Contribute to our Understanding and Improvement of Natural Disaster Responses Mr Luke Lindsey, Prof. Kyra Hamilton, A/Prof. Roeline Kuijer	
6:00 til late	CONFERENCE DINNER <u>EDGE Restaurant &amp; Bar</u>	

# PROGRAM OVERVIEW

(click on any session tile for information on that session, including presenters)

## DAY 3 - FRIDAY 10th FEBRUARY

	KA3.406	KA3.411
8:00 - 9:00	REGISTRATION (KA3.410)	
9:00 - 10:15	Oral Session Protective Health Factors	Oral Session Supporting Healthy Living
10:15 - 10:45	MORNING TEA	
10:45 - 11:45	Master Lecture Putting the "Social" Back in Biopsychosocial: Evidence, Mechanisms, and Interventions to Tackle the Social Determinants of Health Associate Professor Tegan Cruwys	
11:45 - 1:00	Oral Session Advancements in Theory and Measurement	Symposium Interventions to Promote Physical Activity and Reduce Sedentary Behaviour and Screen Time from Early Childhood to Adolescence Prof. Jo Salmon, Prof. Kylie Hesketh, Dr. Natalie Lander, Dr. Lauren Arundell, Dr. Ana Contardo Ayala
1:00 - 2:00	LUNCH ANNUAL GENERAL MEETING (KA3.406)	
2:00 - 3:00	Keynote Address Improving the Health and Well-being of People with Diabetes: Walking the Walk or Talking the Talk Professor Jane Speight	
3:00 - 3:30	AFTERNOON TEA	
3:30 - 4:45	Oral Session Physical Activity and Healthy Eating	Oral Session Lived Experience of People with Chronic Illness
4:45 - 5:15	CLOSING CEREMONY AND AWARDS	

# RAPID PRESENTATIONS

RAPID PRESENTATIONS are running on Wednesday 8th February

Time: 2:30 - 4:30

Location: KA3.406

TITLE	PRESENTER
A Scoping Review of Digital Resources that Assist Users in the Identification and Prioritization of Health-Related Change Goals	Ilona McNeill
The Need for Co-Development of Digital Support and Training to Enable Young People with Chronic Illnesses to Become Effective Self-Managers of Their Health and Well-being	Ilona McNeill
Exploring the Active Ingredients of Type 2 Diabetes Self-Management Programmes: A Documentary Analysis of Two Existing Programmes	Márcia Carvalho
The Importance of Self-Control in Understanding Behaviour	Barbara Mullan
Method and Domain Theory: A Conceptual Review of Alcohol-Related Cues	Denise Girdlestone
Intending to Act and Intending to Avoid: Do Approach and Avoid Intention Differentially Predict Chocolate Consumption Frequency?	Emily Kothe
Understanding The Role of Morningness/Eveningness and Enjoyment in Physical Activity Engagement: A Dual-Process Approach.	Caitlin Liddelow
The Positive Associations Between Spending Time in Nature with Dogs, Nature Connection, Well-being, and Mindfulness	Charlotte Williams
Identifying the Active Ingredients for Behaviour Change in Mediterranean Diet Interventions in Older Adults: A Systematic Scoping Review	Ashlee Turner

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# RAPID PRESENTATIONS

RAPID PRESENTATIONS are running on Wednesday 8th February

Time: 2:30 - 4:30

Location: KA3.406

TITLE	PRESENTER
How Much Food Do People Provide for Social Vs. Non-Social Meals?	Emma V. Long
Exploring Safe Food-Handling Among Consumers and Individuals at Higher Risk of Food Poisoning	Jessica Charlesworth
Differences In Sexual Functioning and Distress Between Women with and Without Endometriosis	Jacque Mills
Narrative Episodic Future Thinking Reduces Delay Discounting in the General Population: An Online Feasibility Study	Chantelle Boucher
A systematic review of eHealth interventions targeting poor diet, alcohol use, tobacco smoking and vaping among disadvantaged adolescents	Lyra Egan
A Cross-Sectional Survey of Australian Parents to Inform the Development of a Parent-Based Intervention to Prevent Multiple Lifestyle Risk Behaviours in Adolescents.	Emily Hunter
Refining Current Conceptualisations and Measurement Methods of Self-Control in Health Behaviours	Indita Dorina
Individuals' Experiences of Preferred Time of Day in Their Physical Activity Routines	Lauren Nicholson
The Co-Benefits of Interventions to Prevent Obesity in Children Aged 6-18 Years: A Secondary Data Analysis	Katrina McDiarmid

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# RAPID PRESENTATIONS

RAPID PRESENTATIONS are running on Wednesday 8th February

Time: 2:30 - 4:30

Location: KA3.406

TITLE	PRESENTER
Are Exercise and Sports Participation Related to Student Substance Use and Mental Health Symptoms?	Jillian Halladay
The OurFutures Vaping Program: A School-Based eHealth Intervention to Prevent e-Cigarette Use among Adolescents	Lauren Gardner
The Effectiveness, Cost-Effectiveness and Acceptability of a Digital Health Intervention to Support Breast Cancer Patients Prepare for and Recover from Surgery: Study Protocol of a Randomised Controlled Trial	Rebecca Wyse
What are the Support Needs of Carers of people with Dementia? A Cross-Sectional Survey Study	Elise Mansfield
Does Generalised Vaccine Hesitancy Predict COVID-19 Vaccination Intention Using a Short Vaccine Hesitancy Scale	Karen Leung

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# ORAL PRESENTATIONS

## DAY 2 - THURSDAY 9th FEBRUARY

TIME	TITLE	PRESENTER
THE ROLE OF COMMUNITY IN HEALTH ROOM: KA3.406		
9:00 - 9:15	Do attachment anxiety and avoidance moderate the effects of mindfulness on relational functioning? A randomized controlled trial.	Holly Dixon
9:15 - 9:30	Risk Behaviours and Readiness to Change amongst Clients of Community Mental Health Services	Tegan Stettaford
9:30 - 9:45	Promoting wellbeing in undergraduate naturopathic students: The health promoting role of a campus garden	Asmita Patel
9:45 - 10:00	Feasibility of an online peer support intervention for reducing symptoms of depression among community-dwelling older adults	Allison Boyes

IMPROVING NUTRITION AND PHYSICAL EXERCISE IN YOUTH ROOM: KA3.411		
9:00 - 9:15	A pilot cluster randomised controlled trial of the efficacy of a multi-strategy behavioral intervention in improving the nutritional quality of high school students' lunch purchases from online canteens: Click&Crunch High Schools.	Rebecca Wyse
9:15 - 9:30	An eHealth intervention to modify multiple lifestyle risk behaviours among adolescents: Results from the Health4Life Study	Katrina Champion
9:30 - 9:45	Systematic review of childhood obesity prevention interventions in children aged 6 to 18 years	Rebecca Hodder
9:45 - 10:00	Priority intervention components to improve physical activity and nutrition in secondary schools: An exploratory analyses.	Rebecca Hodder
10:00 - 10:15	Identifying the behaviour change techniques of childhood obesity prevention interventions for a secondary data analysis of a systematic review	Daniel Lee

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# ORAL PRESENTATIONS

## DAY 2 - THURSDAY 9th FEBRUARY

TIME	TITLE	PRESENTER
STRESS AND TRAUMA ROOM: KA3.406		
10:45 - 11:00	Positivum Trauma: a unique health coaching program to improve psychosocial function and reduce symptoms of PTSD	Georgina Lamb
11:00 - 11:15	Is Stress Mindset Socially Projected? Examining the Impact of a Stress Mindset Intervention on Perceptions of Others' Stress and Social Support Intentions	Jacob Keech
11:15 - 11:30	Stress in Youth Residential Workers: A Scoping Review	Chris Kilby
11:30 - 11:45	Exploring the Experience of Workplace Stress in Youth Residential Workers	Chris Kilby

WOMEN'S HEALTH AND WELLBEING ROOM: KA3.411		
10:45 - 11:00	Health service provision for women from Syria and Afghanistan with a refugee background in the First 1000 Days: A qualitative study	Amelia Winter
11:00 - 11:15	Endometriosis and pain	Jemma Todd
11:15 - 11:30	The role of interpretation bias in endometriosis related pain and disability	Brydee Pickup
11:30 - 11:45	Aspirational leaders help us change: Improved therapeutic outcomes arise when body acceptance groups are led by therapists with positive body image	Alysia Robertson

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# ORAL PRESENTATIONS

## DAY 2 - THURSDAY 9th FEBRUARY

TIME	TITLE	PRESENTER
ADDRESSING MENTAL AND PHYSICAL ILLNESS IN YOUTH ROOM: KA3.406		
2:00 - 2:15	The Development of a Self-Compassion Chatbot for Adolescents with Type 1 Diabetes	Anna Boggiss
2:15 - 2:30	Motivators and challenges to adolescents' engagement in youth mental health services	Kristiana Ludlow
2:30 - 2:45	Systemic chronic inflammation in the general population of adolescents over time: A systematic review and meta-analysis of mean C-reactive protein levels	Bridie Osman
2:45 - 3:00	The Co-occurrence of Anxiety and Alcohol Use Problems in Youth: Are Online Programs Helpful in Reducing Symptoms?	Katrina Prior
3:00 - 3:15	A lifestyle blueprint? Dose-response associations between modifiable behaviours and adolescent mental health	Scarlett Smout

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# ORAL PRESENTATIONS

## DAY 3 - FRIDAY 10th FEBRUARY

TIME	TITLE	PRESENTER
<b>PROTECTIVE HEALTH FACTORS</b> ROOM: KA3.406		
9:00 - 9:15	Exploration of the attitudes, knowledge, and factors influencing a health behaviour change intervention through community pharmacy	Chloe Maxwell-Smith
9:15 - 9:30	Self-compassion, self-coldness, perceived behavioural control and healthy eating behaviour	Roeline Kuijer
9:30 - 9:45	Clustering of Multiple Health Risk Factors Among Vocational Education Students: A Latent Class Analysis	Prince Atorkey
9:45 - 10:00	Multiple Health Risk Factors in Vocational Education Students: A Systematic Review	Prince Atorkey
10:00 - 10:15	Uptake of Proactively Offered Online and Telephone Support Services Targeting Multiple Lifestyle Behaviours Among Vocational Education Students: Process Evaluation of a Cluster Randomised Controlled Trial	Prince Atorkey
<b>SUPPORTING HEALTHY LIVING</b> ROOM: KA3.411		
9:00 - 9:15	Using Technology for Better Healthcare: Users' Experience among patients with chronic diseases in rural/remote areas	Carina Chan
9:15 - 9:30	Should a combined theory approach be used to support exercise behaviour change among blood cancer survivors? Results from a national survey exploring associations between self-efficacy, motivation, and habits with exercise behaviour.	Camille Short
9:30 - 9:45	Feasibility and Acceptability of a Theory-Based Online Tool for Reducing Stress-Induced Eating	Tenelle Maroney
9:45 - 10:00	The Impact of Action Plans on Habit and Intention Strength for Physical Activity in a Web-Based Intervention – Is it the thought that counts?	Amanda Rebar
10:00 - 10:15	The effect on physical activity engagement, adherence, and mood of an active virtual reality gaming intervention in young men with mild to moderate depression; a randomised controlled feasibility trial to improve physical and mental wellbeing during Covid-19.	Fiona Hargraves

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# ORAL PRESENTATIONS

## DAY 3 - FRIDAY 10th FEBRUARY

TIME	TITLE	PRESENTER
ADVANCEMENTS IN THEORY AND MEASUREMENT ROOM: KA3.406		
11:45 - 12:00	A Systematic Review on Mediation Studies of Self-Compassion and Physical Health Outcomes in Non-Clinical Adult Populations	Jane Cha
12:00 - 12:15	Healthcare professionals' compassion beliefs: what are they and do they predict compassion for patients?	Alina Pavlova
12:15 - 12:30	A theory-based framework for categorizing behaviour change techniques and mechanisms.	Ron Borland
12:30 - 12:45	The price is right? Medication price and nocebo side effects.	Kate Faasse

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# ORAL PRESENTATIONS

## DAY 3 - FRIDAY 10th FEBRUARY

TIME	TITLE	PRESENTER
PHYSICAL ACTIVITY AND HEALTHY EATING ROOM: KA3.406		
3:30 - 3:45	Development of a workplace digital health intervention for preconception, pregnant, and postpartum women to address diet, movement behaviours and wellbeing	Briony Hill
3:45 - 4:00	Exploring a Mothers Engagement in Team Sport: An Application of An Extended Theory of Planned Behaviour	Emily Arnold
4:00 - 4:15	Wrapping Up a PhD on Dietary Patterns and Depression	Megan Lee
4:15 - 4:30	Self-efficacy, motivation, and habits: psychological correlates of exercise among women with breast cancer	Tamara Jones
4:30 - 4:45	School-based nutrition interventions in children aged 6 to 18 years: an umbrella review of systematic reviews	Kate O'Brien

LIVED EXPERIENCE OF PEOPLE WITH CHRONIC ILLNESS ROOM: KA3.411		
3:30 - 3:45	"It's really hard, and if other people say anything else, they're lying": A systematic review and qualitative evidence synthesis on barriers and enablers to sustaining self-management behaviours after attending a self-management support intervention for type 2 diabetes	Márcia Carvalho
3:45 - 4:00	"You've got something to look at and something to achieve": Participant perspectives on professional-mode glucose monitoring for type 2 diabetes in the GP-OSMOTIC qualitative study.	Amelia Williams
4:00 - 4:15	Depression and Diabetes Distress among Indigenous Peoples living with diabetes: A Systematic Review	Shaira Baptista
4:15 - 4:30	Co-design and development of the EndoSMS supportive text message intervention for people living with Endometriosis	Kerry Sherman

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