

ASBHM Conference 2020: Sydney

DAY 1: Wednesday, 5th February

8:00 – 5:00	Registration desk open Location: Conference foyer		
9.00 – 12.00 Morning tea at 10:15 to 10:45	<p>PEERS CONNECT Workshop: <i>Resilience Training for Early Career Researchers</i> Prof Monique Crane Location: Room A</p>	<p>Professional Workshop: <i>Facilitating Adjustment to Chronic Illness to Improve Mental and Physical Wellbeing</i> Prof Louise Sharpe Location: Room C</p>	
1:00 – 1:30	<p>Welcome Address: ASBHM President <i>Dr Helen Brown</i> Location: Room D</p>		
1:30 – 2:30	<p>KEYNOTE ADDRESS: <i>From Controlled Trials to Implementation and Dissemination Models: Providing precise and patient centred care in cancer survivorship</i> Prof Frank Penedo Chair: Helen Brown Location: Room D</p>		
2.30 – 3.00	AFTERNOON TEA: Location:		
3.00 – 4.30	<p>SESSION 1 <i>Chronic Disease Management</i> Chair: Jacquie Mills Location: Room A</p>	<p>SESSION 2 <i>Health Behaviour Change</i> Chair: Tamasin Taylor Location: Room C</p>	<p>SESSION 3 <i>Health Behaviour across the Lifespan</i> Chair: Barbara Mullan Location: Room D</p>
	<p>Session 1/ Paper 1 The relationship between state mindfulness, coping, and pain in women with endometriosis <i>Jacqui Mills, Ruvi Fernando, Georgia Rush, RoseAnne Misajon,</i></p>	<p>Session 2/ Paper 1 The effect of weight loss on perceptions of a target person's health and on subsequent behaviour recommendations <i>Clancy Black, Lenny Vartanian, Kate Faasse</i></p>	<p>Session 3/ Paper 1 Understanding food behaviours of parents using temporal self-regulation theory <i>Barbara Mullan</i></p>

3.00 – 4.30	<p>Session 1/ Paper 2 What are we actually measuring when we measure medication adherence? An application of temporal self-regulation theory</p> <p><i>Caitlin Liddelow, Barbara Mullan, Mark Boyes</i></p>	<p>Session 2/ Paper 2 The Physical and Mental Health Benefits of Participation in Organised Youth Sport: An Exploration of Sex Differences</p> <p><i>Lauren Gardner, Maree Teesson, Nicola Newton, Frances Kay-Lambkin, Katrina Champion, Cath Chapman, Louise Thornton,</i></p>	<p>Session 3/ Paper 2 A Protocol for The Replicable Piloting of Stimulus Items for Implicit Measures</p> <p><i>Daniel Phipps, Martin Hagger, Kyra Hamilton</i></p>
	<p>Session 1/ Paper 3 Patients with ME/CFS (Chronic Fatigue Syndrome) and chronic pain report similar level of sickness behaviour as individuals injected with bacterial endotoxin at peak inflammation</p> <p><i>Mike Jones, Mike Kemani, Bianka Karshikoff, Karin Lodin, Linda Holmstrom, Anna Andreasson</i></p>	<p>Session 2/ Paper 3 Contact lens compliance: tricks of compliant practitioners</p> <p><i>Stephanie Yeo, Ki Cahn Choi, SuMin Park, Isabelle Jalbert, Jackie Than-Showyin, Nicole Carnt</i></p>	<p>Session 3/ Paper 3 Interventions for increasing fruit and vegetable consumption in children aged 5 years and under: systematic review</p> <p><i>Rebecca Hodder, Kate O'Brien, Fiona Stacey, Flora Tzelepis, Rebecca Wyse, Kate Bartlem, Rachel Sutherland</i></p>
	<p>Session 1/ Paper 4 Activating attachment influences how young people approach end-of-life conversations.</p> <p><i>Holly Evans, Ursula Sansom-Daly, Richard Bryant</i></p>	<p>Session 2/ Paper 4 How should we categorize components of behaviour change interventions?</p> <p><i>Ron Borland, Charles Abraham</i></p>	<p>Session 3/ Paper 4 Adult stomach pain can be predicted from early childhood symptoms and psychosocial factors</p> <p><i>Michael Jones, Tomas Faresjvd, Ashild Faresjvd, Alissa Beath, Johnny Ludvigsson</i></p>
		<p>Session 2/ Paper 5 Smoking-specific Inhibitory control training (ICT): Findings from a Randomised Controlled Trial of an online program for heavy smokers</p> <p><i>Petra Staiger, Melissa Hayden, Laura Hughes, Jason Bos, Natalie Lawrence</i></p>	<p>Session 3/ Paper 5 Can we improve parents' feeding behaviours? A proof of concept study</p> <p><i>Barbara Mullan, Lisa Engels, Carlotta Mons, Enrique Mergelsberg</i></p>

4.30 – 5:30	<p>WELCOME RECEPTION Hosted by ASBHM Executive Location: Conference Foyer</p>
6.00 - late	<p>Peer Connect Social event Venue: TGI Fridays</p>

DAY 2: Thursday, 6th February

7:45 – 9:00	Registration desk open Location: Conference Foyer		
9:00 – 10:00	<p>KEYNOTE ADDRESS: <i>Improving Physical and Mental Wellbeing in Patients with Persistent Pain</i> Prof Louise Sharpe Chair: Helen Brown Location: Room D</p>		
10:00 – 10:30	<p>MORNING TEA & POSTER SESSION Location: Conference Foyer</p>		
10.30 – 12.00	<p>SESSION 4 <i>Strategies for Disease Prevention</i> Chair: Daniel Brown Location: Room A</p>	<p>SESSION 5 <i>e-health and m-health Approaches</i> Chair: Madeline Kinlay Location: Room C</p>	<p>SESSION 6 <i>Supporting better health outcomes for indigenous, at-risk and minority populations</i> Chair: Tamasin Taylor Location: Room D</p>
	<p>Session 4/ Paper 1 Testing the theory of interpersonal behaviour for sun-safety behaviours</p> <p><i>Daniel Brown, Kyra Hamilton</i></p>	<p>Session 5/ Paper 1 Is device-based total and domain-specific sedentary behaviour associated with psychological distress in working adults?</p> <p><i>Katrien DeCocker, Margot Ketels, Jason Bennie, Els Clays</i></p>	<p>Session 6/ Paper 1 Implications for GP endorsement of diabetes app features with patients from culturally diverse backgrounds: A qualitative study</p> <p><i>Julie Ayre, Carissa Bonner, Siam Bramwell, Sharon McClelland, Rajini Jayaballa, Glen Maberly, Kirsten McCaffrey</i></p>

10.30 – 12.00	<p>Session 4/ Paper 2 An Evaluation of Belief-clustering Regarding Health Interventions in Two WEIRD Countries.</p> <p><i>Mathew Ling, Anna Jackson, Madison Matthews, Simon Kalpana, Emily Kothe</i></p>	<p>Session 5/ Paper 2 The Health4Life Initiative: An eHealth intervention to prevent multiple lifestyle risk factors among Australian adolescents</p> <p><i>Katrina Champion, Maree Teeson, Nicola Newton, Frances Kay-Lambkin, Cath Chapman, Louise Thornton, Tim Slade</i></p>	<p>Session 6/ Paper 2 Strength and balance training for the prevention of falls in older adults with vision impairment: exploring habit formation and participant perspectives</p> <p><i>Lisa Dillon, Lindy Clemson, Helen Nguyen, Lisa Keay</i></p>
	<p>Session 4/ Paper 3 Cues to Action Alcohol Consumption - Development of a Consolidated Model</p> <p><i>Denise Girdlestone, Erick Fein, Amy Mullens, Barbara Mullan,</i></p>	<p>Session 5/ Paper 3 CHAT-GP: interactive decision aids to improve heart disease prevention and address health literacy</p> <p><i>Carissa Bonner, Lyndal Trevena, Jenny Doust, Kirsten McCaffery</i></p>	<p>Session 6/ Paper 3 Clinical spaces, stigma, fear and bias: The challenge of supporting Pacific Bariatric surgery patients in New Zealand.</p> <p><i>Tamasin Taylor, Wendy Wrapson, Ofa Dews, Nalei Taufa, Richard Siegert</i></p>
	<p>Session 4/ Paper 4 Self-compassion and response conflict in relation to healthy and unhealthy food</p> <p><i>Roeline Kuijer, Jessica Gunby</i></p>	<p>Session 5/ Paper 4 Postpartum women's perspectives on digital health interventions for postpartum lifestyle management: A systematic review of qualitative studies</p> <p><i>Briony Hill, Siew Lim, Andrew Tan, Seonad Madden</i></p>	

10.30 – 12.00	<p align="center">Session 4/ Paper 5</p> <p align="center">Evaluating the Person-level fit of Protection motivation Theory and Prototype Willingness Model to Uptake of Seasonal Influenza Vaccinations</p> <p align="center"><i>Emily Kothe, Mathew Ling, Ian Benjamin, Kate Adamson, Nathan Holden, Phoebe Leung, Charles Gray</i></p>	<p align="center">Session 5/ Paper 5</p> <p align="center">Addressing vaccination misinformation with debunking messages: a randomised controlled trial</p> <p align="center"><i>Maryke Steffens, Adam Dunn, Mathew Marques, Margie Danchin, Holly Witteman, Julie Leask</i></p>	
12:00 – 1:00	<p align="center">LUNCH</p> <p align="center">Location: Conference Foyer</p> <p align="center">Peers Connect Mentoring Lunch</p> <p align="center">Location: Room B</p>		
1:00 – 2:30	<p align="center">SESSION 7</p> <p align="center"><i>Strategies for Disease Prevention</i></p> <p align="center">Chair: Helen Brown Location: Room A</p>	<p align="center">SESSION 8</p> <p align="center"><i>e-health and m-health Approaches</i></p> <p align="center">Chair: Kate Bartlem Location: Room C</p>	<p align="center">SESSION 9</p> <p align="center"><i>Mental Health Approaches</i></p> <p align="center">Chair: Chris Kilby Location: Room D</p>
	<p align="center">Session 7/ Paper 1</p> <p align="center">Tailoring vs choice: the impact of a literacy-sensitive action plan to reduce unhealthy snacking</p> <p align="center"><i>Julie Ayre, Erin Cvejic, Carissa Bonner, Robin Turner, Stephen Walter, Kirsten McCafferty</i></p>	<p align="center">Session 8/ Paper 1</p> <p align="center">MHealth for cancer survivors: can apps designed to support self-management improve outcomes?</p> <p align="center"><i>Elizabeth Hernandez, Sheleigh Lawler, Danette Langbecker</i></p>	<p align="center">Session 9/ Paper 1</p> <p align="center">Muscle-strengthening exercise and depressive symptom severity among a nationally representative sample of 23,635 German adults.</p> <p align="center">Jason Bennie, Megan Teychenne, Susanne Tittlbach</p>

	<p>Session 7/ Paper 2 Compensatory Eating After Exercise: A Daily Diary Study</p> <p>Natalie Reily, Rebecca Pinkus, Lenny Vartanian, Kate Faasse</p>	<p>Session 8/ Paper 2 Incorporating if-then planning into a smartphone app (replaceit) to reduce drinking: preliminary findings</p> <p>Petra Staiger, Paula Liknatizky, Renee O'Donnell</p>	<p>Session 9/ Paper 2 Can beliefs about dietary adherence predict mood states?</p> <p>Karolina Strozek, Alissa Beath</p>
1:00 – 2:30	<p>Session 7/ Paper 3 Influences on physical activity and screen time amongst postpartum women with heightened depressive symptoms: a qualitative study</p> <p>Maria Apostolopoulos, Jill Hnatiuk, Jaimie-Lee Maple, Megan Teychenne</p>	<p>Session 8/ Paper 3 The development of a scalable m-health intervention to improve the nutritional quality of primary school children's lunchboxes</p> <p>Alison Brown, Rachel Sutherland, Lisa Janssen, Nicole Nathan, Clare Desmet, Renee Reynolds, Nayerra Hudson</p>	<p>Session 9/ Paper 3 The Influence of Anxiety Sensitivity on Vasovagal Symptoms</p> <p>Sophie Nicol, Vanessa Burrows, Ella Oar, Melissa Norberg, Philippe Gilchrist</p>
	<p>Session 7/ Paper 4 The effect of a novel home-based intervention to increase physical activity and reduce postnatal depressive symptoms: A pilot randomised controlled trial</p> <p>Megan Teychenne, Gavin Abbott, Paige Van der Pligt, Leah Brennan, Kylie Ball, Rachelle Opie, Ellinor Olander</p>	<p>Session 8/ Paper 4 The use of the Health Belief Model in the development of m-health messages targeting parents to improve primary school lunchboxes</p> <p>Alison Brown, Rachel Sutherland, Lisa Janssen, Christopher Lecathelinais, Nayerra Hudson, Amelia Chooi, Renee Reynolds</p>	<p>Session 9/ Paper 4 An integrative lifestyle medicine model for treating depression</p> <p>Fiona Hargraves, Jerome Sarris, Joseph Firth</p>

	<p>Session 7/ Paper 5 Predicting problem-focussed coping behaviour using an integrated dual-process model</p> <p><i>Jacob Keech, Kyra Hamilton</i></p>	<p>Session 8/ Paper 5 Moving from the trial to the real world: Improving the implementation of eHealth programs in the mental health field</p> <p><i>Louise Ellis, Chiara Pomare, Kate Churruca, Janet Long, Kristiana Ludlow, Yvonne Zurynski, Jeffrey Braithwaite</i></p>	<p>Session 9/ Paper 5 , 6 & 7* Stressing over the Subjective Thoughts REgarding Stress Scale (STRESS): The Construct Validity of the STRESS</p> <p>What Does Stress Mean To You? The Development of The Subjective Thoughts REgarding Stress Scale (STRESS)</p> <p>Believing is Seeing: The Predictive Validity of the Subjective Thoughts REgarding Stress Scale (STRESS)</p> <p><i>Christopher Kilby, Kerry Sherman, Viviana Wuthrich</i></p> <p>*30 mins</p>
2:45 – 3:15	<p>AFTERNOON TEA Location: Conference Foyer</p>		
3:15 – 4:45	<p>SESSION 10 <i>Chronic Disease Management</i> Chair: Christopher Kilby Location: Room A</p>	<p>SESSION 11 <i>Health Behaviour Change</i> Chair: Daniel Brown Location: Room C</p>	<p>SESSION 12 <i>Occupational Health</i> Chair: Carina Chan Location: Room D</p>
	<p>Session 10/ Paper 1 Improving our understanding and detection of anxiety in people with epilepsy</p> <p><i>Amelia Scott, Louise Sharpe, Zoe Thayer, Laurie Miller, Carolinbe Hunt, Carolyn MacCann, Kaitlyn Parratt</i></p>	<p>Session 11/ Paper 1 The influence of experimenter warmth and empathy on placebo and nocebo effects</p> <p><i>Kate Faasse, Rachelle Wang</i></p>	<p>Session 12/ Paper 1 Habit-Based Workplace Physical Activity Intervention: A Pilot Study</p> <p><i>Kyra Hamilton, Emily Fraser, Thomas Hannan</i></p>

	<p>Session 10/ Paper 2 <i>Do siblings of children with chronic illness worry about their own health? Preliminary results from SibStars</i></p> <p>Yuenn The Tong Tze, Lauren Kelada, Claire Wakefield, Sean Kennedy, Chee Y Ooi, Donna Drew, Lachlan Munro,</p>	<p>Session 11/ Paper 2 Applying Bayesian SEM to Predict Free Sugar Limiting Behaviour with an Integrated Model of Health Behaviour</p> <p>Daniel Phipps, Martin Hagger, Kyra Hamilton</p>	<p>Session 12/ Paper 2 Perfectionism and Occupational Stress among Academics in Australia: Do Coping Styles Make Any Difference?</p> <p>Cassandra Lieschke, Carina Chan</p>
	<p>Session 10/ Paper 3 <i>Telephone coaching services to support chronic disease risk behaviour change: awareness and use among people with a mental health condition</i></p> <p>Caitlin Fehily, Joanna Latter, Kate Bartlem, John Wiggers, Ellen Browning, Jenny Bowman</p>	<p>Session 11/ Paper 3 The role of intentions and habits in two nutrition behaviours</p> <p>Jessica Charlesworth, Daniel Brown, Kyra Hamilton</p>	<p>Session 12/ Paper 3 The influence of role division on staff members' prioritisation of residents' care</p> <p>Kristiana Ludlow, Kate Churruca, Louise Ellis, Virginia Mumford, Jeffrey Braithwaite</p>
3:15 – 4:45	<p>Session 10/ Paper 4 Exploring the role of environmental cues in sugar-sweetened beverage consumption using a temporal self-regulation theory framework.</p> <p>Thomas McAlpine, Barbara Mullan, Caitlin Liddelow</p>	<p>Session 11/ Paper 4 A Systematic Review and Meta-Analysis of Behaviour Change Interventions based on the Health Belief Model</p> <p>Charles Abraham, Ella Graham-Rowe, Elissa Sibley, Petra Staiger, Andy Field, Paschal Sheeran</p>	<p>Session 12/ Paper 4 We're moving in! Exploring the relationship between change readiness and staff wellbeing in the case of hospital redevelopment</p> <p>Chiara Pomare, Louise Ellis, Kate Churruca, Janet Long, Jeffrey Braithwaite</p>
	<p>Session 10/ Paper 5 Would You Say That to a Friend?: Pilot Trial of a Self-Compassionate Writing Intervention for Individuals with a Visible Skin Condition</p> <p>Brittany Smith, Kerry Sherman</p>	<p>Session 11/ Paper 5 Do vocational education students intend to change multiple health risk behaviours?</p> <p>Prince Atorkey, Flora Tzelepis, Christine Paul, Billie Bonevski, John Wiggers, Emma Byrnes, Aimee Mitchell</p>	<p>Session 12/ Paper 5 Behaving in the best interests of patients: Clinician adherence to clinical practice guidelines</p> <p>Kate Churraca, Louise Ellis, Janet Long, Jeffrey Braithwaite</p>

7:00 - onwards	CONFERENCE DINNER Venue: Chedi Thai restaurant
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DAY 3: Friday 7th February

8.00 -	Registration desk open Location: Conference Foyer	
9.00 – 10.30	SESSION 13 <i>Behaviour Change across health systems and policy</i> Chair: Caitlin Liddelow Location: Room A	SESSION 14 <i>Implementation Strategies in Health Behaviour and Health Care</i> Chair: Stephanie Best Location: Room C
9.00 – 10.30	Session 13/ Paper 1 Adolescent and young adult cancer survivors, healthcare and medication use: A controlled comparison <i>Ursula Sansom-Daly, Claire Wakefield, Christina Signorelli, Ellen Yanxiang Gan, Antoinette Anazado, Richard Cohn</i>	Session 14/ Paper 1 Implementation of recommended healthy eating and physical activity policies and practices in the family day care setting <i>Melanie Lum, Alice Grady, Jannah Jones, Maryann Falkiner, Meghan Finch, Vanessa Herrman, Sue Green</i>
	Session 13/ Paper 2 Factors associated with care rating in the UK Cancer Patient Experience Survey <i>Gaston Arnolda, Yvonne Tran, Klay Lamprell, Mia Bierbaum, Brona Nic Giolla Easpaig, Jeffrey Braithwaite</i>	Session 14/ Paper 2 The development, implementation and evaluation of an intervention to improve blood donation safety and practice: a systematic approach using Intervention Mapping <i>Amanda Thijsen, Danile Waller, Barbara Masser, Justin O'Donovan, Tanya Davison</i>
	Session 13/ Paper 3 Can low intensity CBT for non-cardiac chest pain presentations to an emergency department be efficacious? a pilot study. <i>Anthony Venning, Megan Wilkinson, Paula Redpath, Sharon Brown, Malcolm Battersby, Fiona Glover</i>	Session 14/ Paper 3 Implementing genomics into clinical practice <i>Helen Brown, Natalie Taylor, Clara Gaff, Stephanie Best</i>

	<p align="center">Session 13/ Paper 4</p> <p align="center">Integrating low intensity CBT within stepped-care models of mental health care: the role of the clinical supervisor.</p> <p align="center"><i>Fiona Glover, Paula Redpath, Anthony Venning, Sara Zabeen, Victoria Quatermain</i></p>	<p align="center">Session 14/ Paper 4</p> <p align="center">Helping blood donors understand why they cannot donate and when they can return: an implementation trial</p> <p align="center"><i>Sarah Kruse, Carley Gemelli, Tanya Davison</i></p>
	<p align="center">Session 13/ Paper 5</p> <p align="center">Validation of the English translation of the Sickness Questionnaire</p> <p align="center"><i>Andrea Andreasson, David McNaughton, Alissa Beath, Karin Lodin, Rikard Wicksell, Mats Lekander, Michael Jones</i></p>	
10.30 – 11.00	<p>MORNING TEA</p> <p>Location: Conference Foyer</p>	
11.00 – 12.30	<p align="center">SESSION 15</p> <p align="center"><i>Behaviour Change across health systems and policy</i></p> <p align="center">Chair: Jenny Olson Location: Room A</p> <p>Disclosure of payment to a health spokesperson does not impact perceived trustworthiness nor audience intention to act</p> <p align="center"><i>Candice-Brooke Woods, Stacey Baxter, Kerrin Palazzi, Christopher Oldmeadow, Elizabeth King, Erica James</i></p>	<p align="center">SESSION 16</p> <p align="center"><i>Symposium</i></p> <p align="center"><i>Childhood, adolescent and young adult cancer: unique experiences and e-health interventions to support young patients and survivors.</i></p> <p align="center">Chair: Joanna Fardell Location: Room C</p> <p align="center">Danielle Gessler, Ursula M. Sansom-Daly, Joanna E Fardell, & Jordana McLoone</p>

	<p align="center">Session 15/ Paper 1 Open-label placebo effect: lactose capsules to increase well-being</p> <p align="center"><i>Marco Valerio, Kate Faasse</i></p>	<p align="center">Session 16/ Paper 1 Health literacy and empowerment in adolescents and young adults with cancer (AYAs): Qualitative findings from interviews with health professionals</p> <p align="center"><i>Danielle Gessler, Danielle Marie Muscat, Ursula Sansom-Daly, Pandora Patterson, Melissa Noke, Heather L Shepherd, Ilona Juraskova</i></p>
	<p align="center">Session 15/ Paper 2 Effects of anecdotes of medical decision making</p> <p align="center"><i>Micah Goldwater</i></p>	<p align="center">Session 16/ Paper 2 Partnering with community organisations to deliver an online cognitive-behavioural therapy group program for adolescent and young adult cancer survivors: Ways forward and lessons learned</p> <p align="center"><i>Ursula M. Sansom-Daly, Brittany C. McGill, Pandora Patterson, Annette Beattie, Richard J. Cohn, Claire E. Wakefield.</i></p>
11.00 – 12.30	<p align="center">Session 15/ Paper 3 Understanding Recall Bias: Discrepancies Between Retrospective and Momentary Assessments of Gastrointestinal Symptoms</p> <p align="center"><i>H Aun (Grace) Yun, Alissa Beath, Michael Jones</i></p>	<p align="center">Session 16/ Paper 3 Health behaviours in survivors of childhood cancer: modifiable risk factors for developing late effects</p> <p align="center"><i>Joanna Fardell, Claire E. Wakefield, Christina Signorelli, Russo S, McLoone J, Richard J. Cohn.</i></p>
	<p align="center">Session 15/ Paper 4 "Well I get around by Car. Everyone else that I know of gets around by car:" A Mixed-Methods Examination of Inactive Lifestyles in Regional Australia</p> <p align="center"><i>Jenny Olson, Sonja March, Stuart Biddle, Michael Ireland</i></p>	<p align="center">Session 16/ Paper 4 "Re-engage": An innovative eHealth intervention to promote health-related self-efficacy among childhood cancer survivors.</p> <p align="center"><i>Jordana McLoone</i></p>

12.30 – 1.30	<p style="text-align: center;">LUNCH Location: Conference Foyer ASBHM Annual General Meeting Location: Room D</p>
1.30 – 2.00	<p style="text-align: center;">CLOSING CEREMONY: Award Presentations Location: Room D</p>
2.00 – 3.30	<p style="text-align: center;">FAREWELL RECEPTION Hosted by ASBHM Executive Location: Conference Foyer</p>