

Wednesday 13th February

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| 8.00 – 3.00 | REGISTRATION DESK OPEN (Location: Hotel foyer) | |
| 9.00 – 12.00 | <p>WORKSHOP 1 (Location: Ballantyne Room)</p> <p>Assessing environments for healthy ageing: A participatory approach to using Older Persons Environmental Assessment Tool (OPERAT) to provide online images of age-friendly neighbourhoods. Professor Chris Stephens</p> | <p>WORKSHOP 2 (Location: Great Hall 1)</p> <p>A practical introduction to meta-analysis for behavioural medicine. Dr Emily Kothe</p> |
| 1.00 – 1.30 | <p>WHAKATAU: Levi-Collier-Robinson (University of Canterbury)</p> <p>WELCOME ADDRESS: ASBHM President Dr Helen Brown (Location: Camelot)</p> | |
| 1.30 – 2.30 | <p>KEYNOTE ADDRESS: Professor Jeffery Braithwaite (Location: Camelot)</p> <p><i>Making an impact: what I've learnt from John Snow, sisters who fight over oranges, goldilocks and the three bears, culture, networks, resilience, failure and success</i></p> | |
| 2.30 – 3.00 | AFTERNOON TEA (Location: Camelot) | |
| 3.00 – 4.30 | <p>SESSION 1 (Location: Great Hall 1)</p> <p>New methods in health behaviour assessment</p> <p>The missing link: using consensus conference methodology to bridge the gap between mixed-methods findings and complex intervention design</p> <p><i>Jessica Walburn, Paul Chadwick, John Weinman, Kirby Sainsbury, Vera Araújo-Soares, Martha Canfield, Lesley Foster, Myfanwy Morgan, Sam Norton, Bob Sarkany</i></p> <p>Genomics – from evidence to practice</p> <p><i>Helen Brown, Stephanie Best, Melissa Martyn, Elly Lynch and Clara Gaff</i></p> <p>Levels and sources of personalisation in a complex behaviour change intervention to improve photoprotection in patients with xeroderma pigmentosum</p> <p><i>Kirby Sainsbury, Jessica Walburn, Lesley Foster, Myfanwy Morgan, Robert Sarkany, John Weinman, Vera Araujo-Soares</i></p> <p>Dietary trajectories and cardiovascular risk phenotypes among 11-12 year children and their mid-life mothers: Australian population-based study</p> <p><i>Jessica A. Kerr, Constantine E. Gasser, Richard S. Liu, Fiona K. Mensah, Alanna N. Gillespie, Kate Lycett, Markus Juonala, Mengjiao Liu, Louise A. Baur, David Burgner, Melissa Wake</i></p> <p>Latent Classes in Health and healthcare beliefs</p> <p><i>Anna Jackson, Maddy Matthews, Emily Kothe & Mathew Ling</i></p> | <p>SESSION 2 (Location: Great Hall 3)</p> <p>Strategies for supporting people with cancer</p> <p>Piloting the LYSCA intervention to enhance self-care self-efficacy and reducing symptom distress in women with breast cancer-related lymphoedema</p> <p><i>Carla Sullivan-Myers, Kerry Sherman, John Boyages, Louise Koelmeyer, Helen Mackie</i></p> <p>Public perceptions of the importance of supportive care</p> <p><i>Win Lei Lei Phyu, Gemma Skaczkowski, Carlene Wilson</i></p> <p>The body is only the wrapping paper: A qualitative study of the "My Changed Body" intervention for women with breast cancer and body image distress</p> <p><i>Caitlin Hill, Kerry Sherman</i></p> <p>The role of fatigue and job demand in subjective cognitive impairment among cancer survivors</p> <p><i>Natalie Pejoski, Kerryn Pike, Gemma Skaczkowski, Carlene Wilson</i></p> <p>Examining the impact of perceived practical and social support from the workplace on the experience of returning to work after cancer</p> <p><i>Akira Asahina, Gemma Skaczkowski, Carlene Wilson</i></p> |
| 4.30 – 5.30 | WELCOME RECEPTION (Location: Camelot) | |
| 6.00 | Peer Connect Networking Event (Location: Fox & Ferret, 28 Rotherham Street) | |

Thursday 14th February

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| 8.00 – 10.00 | REGISTRATION DESK OPEN (Location: Hotel foyer) | |
| 8.30-9.00 | Coffee on Arrival (Location: South Gallery) | |
| 9.00 – 10.00 | KEYNOTE ADDRESS: Professor Beth Grunfeld (Location: Great Hall 1) <i>Sustaining cancer survivors' employment in the 21st Century</i> | |
| 10.00 – 10.30 | MORNING TEA / POSTER SESSION (Location: Great Hall 2) | |
| 10.30 – 12.00 | SESSION 3 (Location: Great Hall 1) Strategies to support chronic disease prevention | SESSION 4 (Location: Great Hall 3) Influences on food consumption behaviours |
| | Use of population level prevention services for chronic disease risk behaviours by people with a mental health condition <i>Tegan Bradley, Kate Bartlem, Paula Wye, Libby Campbell, Chris Rissel, Kate Reid, Jenny Bowman</i> | Why do people reduce or eliminate meat from their diets? A qualitative survey study <i>Madelon North, Emily Kothe, Anna Klas & Mathew Ling</i> |
| | Optimising evidence-based strategies to increase participation in mail-out bowel cancer screening programs: a systematic review and meta-analysis <i>Larry Myers, Belinda Goodwin, Sonja March</i> | Exploring temporal self-regulation theory to understand sugar-sweetened beverage consumption <i>Angela Moran, Barbara Mullan</i> |
| | Effects of a mobile phone text messaging program on health behaviour change in people with type 2 diabetes in Bangladesh <i>Shariful Islam</i> | Investigating the relationship between stress and eating: the use of self-compassion as a moderator <i>Jessica K Gostelow, Kerry A Sherman, Christopher J Kilby</i> |
| | GP endorsement of mail-out colorectal cancer screening: The perspective of non-screeners <i>Belinda C Goodwin, Fiona Crawford-Williams, Michael J Ireland, and Sonja March</i> | The effect of response conflict about healthy and unhealthy food on eating behaviour: the moderating role of trait self-control <i>Roeline Kuijer</i> |
| | Management of depression in patients with chronic obstructive pulmonary disease: a Cochrane systematic review <i>Justyna Pollok, Joseph van Agteren, Adrian Esterman, Kristin Carson-Chahhoud</i> | Acceptability and feasibility of an online intervention targeting parents feeding behaviours <i>Barbara Mullan</i> |
| 12.00 – 1.00 | LUNCH (Location: South Gallery) | ASBHM Peers Connect Mentoring Lunch (Location: Great Hall 2 collect lunch from South Gallery) |

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| 1.00 – 2.30 | <p align="center">SESSION 5 (Location: Great Hall 1) Correlates of physical activity and overweight</p> | <p align="center">SESSION 6 (Location: Great Hall 3) Resilience, self-compassion and the body</p> |
| | <p>Physical activity in inner-regional Australia: Does social and environmental context impact conscious and non-conscious processes?</p> <p align="center"><i>Jenny Olson, Michael Ireland, Sonja March, Stuart Biddle, Martin Hagger</i></p> | <p>Enhancing self-compassion in individuals with visible skin conditions: Piloting the My Changed Body Self-compassion writing intervention</p> <p align="center"><i>Kerry Sherman, Tegan Roper, Christopher J Kilby</i></p> |
| | <p>Physical activity and self-esteem outcomes in young people: what can we conclude from research syntheses?</p> <p align="center"><i>Stuart J.H. Biddle, Simone Ciaccioni, George Thomas, Ineke Vergeer</i></p> | <p>Self-compassion's indirect association with health-promoting behaviours through health self-efficacy and emotion regulation</p> <p align="center"><i>Amanda Baumgart and Kerry Sherman</i></p> |
| | <p>A weight loss programme for overweight and obese men delivered in professional Australian Football league settings (Aussie-FIT): A feasibility and pilot randomised controlled trial</p> <p align="center"><i>Dominika Kwasnicka, N Ntoumanis, C Thøgersen-Ntoumani, D Gucciardi, D Kerr, K Hunt, S Robinson, P Morgan, R Newton, C M Gray, S Wyke, J McVeigh, E Malacova, J Olson, E Qusted</i></p> | <p>Exploring the relationship with the body in women with endometriosis</p> <p align="center"><i>Jacque Mills, Ruvy Fernando, Vasiliki Kordos, Cece Shu, RoseAnne Misajon</i></p> |
| | | <p>The relationship of resilience and self-compassion towards psychological wellbeing</p> <p align="center"><i>Shobhna Bag, Kerry Sherman and Christopher Kilby</i></p> |
| | | <p>Stress, eating and weight change in first year university students: the role of self-compassion</p> <p align="center"><i>Katherine Sullivan, Roeline Kuijer, Jessica Kerr</i></p> |
| 2.30 – 3.00 | <p>AFTERNOON TEA Location: South gallery</p> | |
| 3.00 – 4.30 | <p align="center">SESSION 7 (Location: Great Hall 1) Influence of emotional and cognitive judgements on health decision making</p> | <p align="center">SESSION 8 (Location: Great Hall 3) Optimising health outcomes for adolescents and young adults</p> |
| | <p>"Extraordinary claims require extraordinary evidence." What difference do psycho-social interventions really make to the treatment of infertility?</p> <p align="center"><i>Narelle Dickinson, Laura Grace</i></p> | <p>Effectiveness of a universal school-based 'resilience' intervention in reducing pain in adolescents: A cluster-randomised controlled trial</p> <p align="center"><i>R.K. Hodder, H. Lee, S.J. Kamper, J.H. Wiggers, C.M. Williams</i></p> |
| | <p>Predicting intention to receive a seasonal flu vaccine: A Protection Motivation Theory Study</p> <p align="center"><i>Emily J. Kothe, Mathew Ling, Barbara A. Mullan</i></p> | <p>Predicting binge drinking amongst university students in Australia</p> <p align="center"><i>Kym Murray and Barbara Mullan</i></p> |
| | <p>Brand switching can be sickening: Predictors of adverse effects following a medicine switch</p> <p align="center"><i>Kate MacKrell, Keith J. Petrie</i></p> | <p>Consistency of associations between adolescent tobacco and alcohol use risk and protective factors</p> <p align="center"><i>R.K. Hodder, E. Campbell, C. Gilligan, H. Lee, C. Lecathelinis, S. Green, M. MacDonald, J.H. Wiggers</i></p> |
| | <p>Using Protection Motivation Theory based messages to promote intention to receive the seasonal influenza vaccination</p> <p align="center"><i>Mathew Ling, Emily J. Kothe, Barbara A. Mullan</i></p> | <p>Motivational interviewing strategies for exploring parental attitudes towards early intervention</p> <p align="center"><i>Aleksandra Gosteva</i></p> |
| | <p>Disclosure of payment to a health spokesperson does not impact perceived trustworthiness nor audience intention to act</p> <p align="center"><i>Candice-Brooke Woods, S Baxter, K Palazzi, C Oldmeadow, E King, E James</i></p> | <p>Preventing misattribution of the contraceptive oral pill as protection against STI: Insights from a young adult sample</p> <p align="center"><i>Mohammad Kadir, Sharyn Rundle-Thiele</i></p> |
| | 7.00 | <p>CONFERENCE DINNER (Location: Dux Dine, 28 Riccarton Road)</p> |

FRIDAY 15th February

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| 8.00 – 10.00 | REGISTRATION DESK OPEN (Location: Hotel Foyer) | |
| 09.00-9.30 | Coffee on Arrival (Location: South Gallery) | |
| 9.30 – 10.30 | KEYNOTE ADDRESS: Professor Christine Stephens (Location: Great Hall 1) <i>The environment and health: Using the Capability Approach to shift the focus of health promotion for older people.</i> | |
| 10.30 – 11.00 | MORNING TEA (Location: South Gallery) | |
| 11.00 – 12.30 | SESSION 9 (Location: Great Hall 1) Social Identity, Stress and Self-regulation – relevance to health outcomes | SESSION 10 (Location: Great Hall 3) Supporting better health outcomes for indigenous, at risk and minority populations |
| | Implicit identity as a predictor of eating behaviours <i>Jessica Gunby, Associate Professor Roeline Kuijer, Dr Kumar Yogeewaran</i> | SISTAQUIT (Supporting Indigenous People to Assist Quitting) Study Protocol: an intervention to improve smoking cessation care among pregnant Indigenous Australian women <i>Gillian S Gould, Judith Jobling, Joley Manton, Lou Atkins, Katherine Boydell, Maree Gruppetta, Billie Bonevski (and SISTAQUIT Group)</i> |
| | A systematic review of empirically identified beliefs about stress <i>Christopher J Kilby, Kerry A Sherman, Viviana Wuthrich</i> | More frequent stress in carers for people with dementia due to Parkinson's disease than in those with dementia due to other common dementia - Evidence from the NZ International Residents Assessment Instrument - Home Care (InterRAI-HC) <i>Julia Bergman, Roeline Kuijer, John Dalrymple-Alford, Reza Shoorangiz, Shaun London, Hamish Jamieson, Tim Anderson, Jennifer Brown</i> |
| | Using the temporal self-regulation theory to understand the predictors of medication adherence <i>Caitlin Liddelow, Barbara Mullan, Mark Boyes</i> | Pre-operative bariatric surgery program barriers facing Pacific patients in Auckland, New Zealand as perceived by health sector professionals <i>Tamasin Taylor, Wendy Wrapson, Ofa Dewes, Nalei Taufu, Richard Siegert</i> |
| | Lay beliefs about stress: A thematic analysis of in-depth interviews <i>Christopher J Kilby, Kerry A Sherman, Viviana Wuthrich</i> | Perceived threat and efficacy of Australian Aboriginal pregnant women who smoke: exploring the Risk Behaviour Diagnosis (RBD) Scale over time in ICAN QUIT in Pregnancy trial in New South Wales, South Australia and Queensland <i>Gillian S Gould, Simon Chiu, Chris Oldmeadow, Michelle Bovill</i> |
| | Does a workshop in emotional regulation lead to reduced stress and increased happiness? <i>Christina Bond, Katharina Naswall, Roeline Kuijer</i> | |
| 12.30 – 1.30 | LUNCH (Location: South Gallery) | ASBHM Annual General Meeting (Location: Great Hall 1 collect lunch from South Gallery) |
| 1.30 – 2.45 | SESSION 11 (Location: Great Hall 1) SYMPOSIUM: Behaviour change interventions in public health: cross-learnings from cardiovascular disease, sexually transmitted infections, colon cancer and obesity prevention <i>Adrienne O'Neil, Stefan Bode, Christina Bryant, Kerry Sherman (discussant)</i> | SESSION 12 (Location: Great Hall 3) Roundtable discussion Implementing health behaviour change – where to from here? <i>Jeffrey Braithwaite / Helen Brown</i> |
| 2.45 – 3.15 | CLOSING CEREMONY (Location: Great Hall 1) | |
| 3.15 – 4.15 | FAREWELL RECEPTION (Location: South Gallery or Poolside Courtyard (depending on weather)) | |